

SIMPLE LIFESTYLE

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DISPOSING IN DAVIS

Many people are not aware that it is now illegal to dispose of batteries, fluorescent bulbs, electronics, ink jet cartridges or cell phones in the trash (new law as of February 2006). Fortunately, there are a number of convenient and **free** drop-off points for these items (for households, not businesses):

Batteries:

Davis Senior Center
Longs
Rite Aid
Hibbert Lumber
Davis Ace
Yolo County Library

Fluorescent bulbs

Davis Ace

Cell phones & non-alkaline batteries:

Radio Shack
Cingular Wireless

Printer cartridges:

Aggie Express (in University Mall), Office Max, or Kinkos, Emerson Junior High

*Aggie Express gives a discount on replacement cartridges when you bring in old cartridges for recycling. They also accept laser cartridges and copier toner cartridges.

The Yolo County Landfill will accept (no charge):

Computer, televisions, and e-waste: every day
Fluorescent bulbs, mercury thermometers, paint, & other hazardous waste: only on hazardous waste days (one Friday & Saturday each month)

See the landfill website for more details at:

<http://www.yolocounty.org/recycle/yccl.htm>



STOP JUNK MAIL

Catalog Choice is an easy, free service that allows you to decline unsolicited catalogs. You simply log in and sign up (your email address will never be shared) and select the catalogs that you no longer wish to receive. Catalog Choice does the rest by contacting your selections and removing you from their mailing lists.

<http://www.catalogchoice.org/signup>

WILD SALMON REPRISE

Regarding wild Alaskan salmon (see previous newsletter), Costco sells a 2-pound pack of marinated wild Alaskan Salmon for about \$12. Compare this to Safeway's \$6.99/pound for farm-raised Atlantic salmon -- and the marinade in the Costco salmon is sooooo good :-)) according to Alex Wright.

EXPLOITATION

Past newsletters have highlighted problems associated with industries overseas that produce products for Americans: bananas, sun-grown coffee, oil from Nigeria (e.g., Shell), farm shrimp, farm salmon, etc. In each of these, the environment and/or the local population suffer harm in the production process while the product is primarily exported to America. The American Heritage Dictionary defines "exploitation" as "utilization of another person or group for selfish purposes". In the context of Americans as consumers, I offer this additional definition: "*methods of production or natural resource extraction in foreign countries in ways that would most likely not be permitted in this country.*"

SUGGESTIONS AND IDEAS for future tips are welcome! Email me at hamptons@sbcglobal.net